

The Countess of Moreton.



The Countess of Moreton.



Countess of MORRIS
K
Countess of MORRIS
Daily Exercise
OR, A
B O O K
O F
P R A Y E R S
A N D
R U L E S

How to spend our Time in
the Service and Pleasure of Al-
mighty G O D.

The Twentyfourth Edition.

L O N D O N:

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M.DCC.LX.



TO THE
Right HONOURABLE
The LADY

A N N E
Countess of
MARSHALL

AND

To the Pious Memory of
Her Excellent Mother
The Lady *ANNE*

Late Countess of
MORETON:

BY whose earnest Desire
and religious Care this
BOOK was framed, and
A 3 made

THE DEDICATION.

Under her devout Exercise
whilst she lived, recom-
mending the Transcript
and Use thereof to many o-
thers; and particularly to
her who publisheth and
presenteth it to the religi-
ous and private Use of all
Devout Persons, accord-
ing to the Desire of the
Honourable LADY, to
whom it is dedicated, by

Her LADYSHIP'S

most humble Servant,

M. G.

[vii]

I HAVE perused this
Book, and finding no-
thing in it but what may
tend to the Increase of
Private Devotion and
Piety, I recommend it to
my Lord the Bishop of
London, for his Licence
to have it Printed.

JO. DURESME.

Imprimatur.

Tho. Grigg, R P.D. Humfr.
Ep. Lond. à Sac. Dem.

Ex Ædibus Lond.

Mart. 28. 1665.

A. 4.

PSAL.

P S A L. LV. 18.

*In the Morning and
Evening, and at Noon-
day, will I pray, and
that instantly; and he
shall hear my Voice.*

20 JY 63

P R A Y E R S

IN THE M O R N I N G.

At Uprising.

EVery Day let the first thing you do, and the first Words you speak, tend to the Worship and Acknowledgment of Almighty God.

For upon our first Thoughts commonly the Thoughts and Actions of the whole Day do depend: Therefore when you first awake in the Morning, lift up your Heart to God, and say,

In the Morning.

I.

Blessed be the most
holy, glorious, and
undefiled TRINITY, now
and for evermore.

II.

Blessed art thou, O
Lord, who enlightenest
mine Eyes, and sufferest
me not to sleep in death.

III.

Blessed art thou, for
thou hast created all
things, and for thy Will's
sake they are, and were
created.

IV.

The Almighty Lord
be now and evermore
my

In the Morning.

my defence, and vouch-
safe to bless and preserve
me from all evil this day
and for ever. *Amen.*

When you are risen,

*Retire yourself, and hum-
bly kneeling adore God,
and say,*

O Holy Lord God
Almighty, before
whom all Knees do bend
and to whom all Crea-
tures in Heaven and
Earth do bow and obey,
behold, here I pro-
strate myself before thee,
adoring

23 *In the Morning.*

adoring the Divine Excellency of thy sovereign and infinite Majesty, with all the Powers of my Soul, submitting myself with all lowliness and reverence to the greatness of Thy Dominion and Power, and desiring nothing more than faithfully to serve thee all the days of my Life, for Thou only art Holy, Thou only art the Lord: and Glory be to thee, O Lord most High. *Amen.*



Having

*Having thus made your
Adoration and Submis-
sion to God, let these be
your Prayers and Devo-
tions every Morning.*

OUR Father, which
art in Heaven;
Hallowed be thy Name.
Thy Kingdom come.
Thy Will be done in
Earth, As it is in Hea-
ven. Give us this Day
our daily Bread. And
forgive us our Trespases,
As we forgive them that
Trespas against us. And
lead us not into Tempta-
tion;

14 *In the Morning.*

tion; but deliver us from
Evil. For thine is the
Kingdom, and the Pow-
er, and the Glory, for e-
ver and ever. *Amen.*

*A Confession of Sins, and
Prayers for Pardon.*

I.

ALmighty God, unto
whom all Hearts
be open, all Desires
known, and from whom
no Secrets are hid; I
come unto thee in the
multitude of thy Mer-
cies, and in thy Fear do
I cast myself down be-
fore

In the Morning

fore thee, most humbly
lamenting my Sins, and
craving of Thee, the
God of all Mercy and
Goodness, perfect Re-
mission and Forgiveness,
through *Jesus Christ* our
LORD. *Amen.*

II.

O Thou Maker of all
Things, and Judge
of all Men, I acknow-
ledge and bewail the
great and manifold Sins
which from time to time
I have most grievous-
ly committed, by my
Thoughts, Words, and
Deeds,

16 *In the Morning.*

Deeds, against thy most
Holy Commandments ;
provoking thereby most
justly thy Wrath and
Indignation against me,
I do earnestly Repent,
and am heartily sorry
for these my Misdoings ;
O rebuke me not in
thine Indignation, nei-
ther chasten me in thy
heavy Displeasure : but
have mercy upon me,
for thy Goodness, have
mercy upon me, and for-
give me all that is past :
and grant that I may
always study to serve
thee, and please thee
here-

In the Morning. 17

hereafter in all godliness
and pureness of Life, to
the Honour and Glory
of thy blessed Name,
through Christ our Lord.
Amen.

The Psalm.

THE Lord is loving
unto every Man,
and his Mercy is over all
his Works.

He forgiveth us all
our Sins, and hath com-
passion upon all our In-
firmities.

His Loving-kindness is
better than Life itself,
and

18 *In the Morning.*

and therefore shall my
Soul praise him.

Blessed art thou, O
Lord, who wilt not cast
out my Prayer, nor turn
away thy Mercy from
me.

As long as I live will
I magnify thee on this
manner, and lift up my
Hands in thy Name.

*Glory be to the Father,
and to the Son, and to the
Holy Ghost ;*

*As it was in the Begin-
ning, is now, and shall be
evermore. Amen.*

The

The Lesson.

TAke heed that ye walk
circumspectly, redeem-
ing the Time, because the
Days are evil. Be fervent
in good Works, and serve
the Lord with all gladness
of Heart. Be patient in
Tribulation, and continue
instant in Prayer. Be
Courteous and Meek; and
as much as lieth in you, live
peaceably with all Men, and
whatsoever ye would that
others should do unto you,
do so to them; for this is
the Law and the Prophets.
The

The Hymn.

Vouchsafe, O Lord,
to keep me this
day without Sin.

To shut and close my
wandring Eye,
Lest it let in Vanity :
To keep my Heart as
pure and free
From fond and troubled
Fantasy ;
To guide my Tongue,
so that no Strife
May breed disquiet in
my Life :

To

In the Morning. 21

To keep all harm, all ill
away,
While I duly spend the
Day.

Or this.

O Holy Ghost, my
Soul inspire,
And lighten with cele-
stial Fire.

Thy blessed Unction
from above
Is Comfort, Life, and
Fire of Love,
Anoint and clear my
soiled Face
With the abundance of
Thy Grace.

Be

22 *In the Morning.*

Be thou my joy, my rest,
my home,

Where thou art so, no
ill can come.

Teach me to know the
Father, Son,

And Thee of both to be
but One:

That day by day, all my
Life long

This may be my endless
Song;

To thee all Honour,
Praise and Merit,

Father, Son, and Holy
Spirit. *Amen.*



A Devout Confession
of our Christian and
Catholic Faith.

*With Explications and
Prayers relating there-
unto.*

I. **I** Believe in thee, O
God the Father Al-
mighty, Maker of Heaven
and Earth; loving thee
as my Father, reverence-
ing thee as the *Almigh-*
ty, and committing my
Soul and my Body to
thee as to a faithful
Creator.

24 *In the Morning.*

Creator. Thou art worthy, O Lord, to receive Glory, Honour, and Power, for thou hast *created* all things, and for thy Will's sake they *are* and *were* created.

II. *I believe in Thee,*
O thou King of Glory,
the everlasting Son of God
the Father; and our Lord
Jesus Christ, the Great
Mystery of Godliness,
God manifest in the
Flesh, and sent into this
World for our eternal
Salvation in the World
to come.

III. *I believe that thou*
wast

In the Morning. 25

wast conceived by the Holy Ghost, and born of the Blessed Virgin Mary without Spot of Sin, thereby to cleanse us from all Sin.

IV. I believe that thou didst *suffer* what otherwise we must have suffered for ever. That thou wast Crucified to set us free from the Curse of the Law.

That thou didst *die*, and thereby take away the Sting of Death.

That thou wast *buried* in the Grave, and hadst the Victory over it; to assure us that our Bodies

B shall

26 *In the Morning.*

shall not corrupt there
for ever.

V. I believe that thou
didst *Descend into Hell*,
to triumph over it, and
to free us from the Fear
of ever coming into that
Place.

That the *Third Day*
thou didst *rise again from*
the Dead in our Nature,
the First-fruits of them
that are asleep in their
Graves, who are thereby
assured that they also
shall not sleep there for
ever.

VI. I believe that thou
didst *Ascend up into Hea-*
ven,

In the Morning. 27

ven, there to prepare a Place for us.

That thou now *sittest* at the Right Hand of God the Father Almighty, there to make Intercession for us, our only Advocate with the Father.

VII. I believe that thence thou shalt come to receive us, and to be the Judge of the Quick and the Dead, after which thy Kingdom shall have no End.

All this I stedfastly believe of thee, O my Blessed Saviour, beseeching thee to give me

B 2 Grace,

28 *In the Morning.*

Grace, that I may be
made conformable to thy
Image; in Faith, to thy
Conception; in Humility,
to thy *Birth*; in Sympa-
thy to thy *Passion*; and
in Mortifying my Sins,
to thy *Death and Burial*;
to thy *Descent into Hell*,
by frequent Meditation
thereon; and to thy *Re-
surrection*, by my rising
from Sin to Newness of
Life: to thine *Ascension*,
by seeking after those
things which be above,
and to thy *Coming to
Judgment*, by judging my-
self here, that I may not
be

In the Morning. 29

be there condemned with
the World.

VIII. I believe also in
Thee, *O Holy Spirit*, the
Lord and Giver of Life,
the Infuser of all Heaven-
ly Graces, and the Leader
of thy Church in all the
ways of Truth and Ho-
liness.

IX. I believe therefore
the Holy Catholick Church,
the Mystical Body of
CHRIST, whereof *He* is
the only *Head*.

I believe *the Communi-
on of Saints*, being joined
together in Faith, Hope,
and Charity, and mutu-
ally

30 *In the Morning.*

ally participating of one anothers Prayers.

X. I believe the *Remission of Sins* in this World, given and sealed to us by the sacred Ordinances of God.

XI. I believe the *Resurrection of our Bodies* at the End of the World, to be united to our Souls.

XII. And I believe *the Life Eternal* in the World to come, where we shall be in Happiness with CHRIST for ever, *Amen.*

PRAYERS

P R A Y E R S.

I.

A Lmighty God who
of thy Goodness
hast defended me from
the Perils of this Night,
and safely brought me
to the beginning of this
Day, preserve me in the
same, I most humbly be-
seech thee, by thy migh-
ty Power, from all Sin
and Danger, through Je-
sus Christ our Lord. *Amen.*

II.

A Lmighty and Ever-
living God, vouch-
safe, I beseech thee, to

32 *In the Morning.*

direct, sanctify, and govern both my Soul and Body in the Ways of thy Laws, and in the Works of thy Commandments; that through thy most gracious Protection, I may be preserved from all Evil, both this Day and for ever, through JESUS CHRIST our Lord, *Amen.*

III.

Possess my Mind, O Lord, continually with thy Presence, and make me to have a perpetual fear and love of Thy Holy Name, teaching
ing

In the Morning. 33

ing me to do those things
that may be pleasing to
Thee and profitable to
my Salvation, through
JESUS CHRIST our Lord.
Amen.

IV.

L E A D me forth, O
Lord, in thy Truth,
and learn me ; for Thou
art the God of my Salva-
tion, and in Thee shall
be my Hope all the Day
long.

V.

T O Thee, O King E-
ternal, be all Glo-
ry and Honour, now and
for ever. *Amen.*

B 5

Con-

*Conclude your Prayers
with a remembrance of
all your Friends, and of
all them that belong unto
you, saying,*

INto thy Blessed Hands
and Protection, O
Lord, I commend my
Spirit, Soul and Body,
together with all Them
whom thou hast graci-
ously given unto me, and
to whom I do any way
relate: Preserve them,
O Lord, in thy Favour
and Fear, increasing and
multiplying thy Blessings
upon them, and forgive
them

In the Morning. 35

them their Sins; keep
them in perpetual Peace
and Safety, for the Love
of thy only Son JESUS
CHRIST our Lord. *Amen.*

*And ask Pardon for all the
Distractions and Irrever-
ences committed by you in
his Divine Presence, dur-
ing this Time that you have
spoken to him.*



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Dec. 30th



A BRIEF
LITANY
OF
PRAYERS
FOR
EVERY DAY.



A BRIEF
LETTER
OF
PRAYERS
FOR
EVERY DAY.

*A brief LITANY for
every Day.*

O Most Blessed, Un-
divided and Glori-
ous TRINITY, and one
Eternal God,

Have Mercy upon me.

Call to remembrance,
O Lord, thy tender Mer-
cies which have been
ever of old; and remem-
ber not my Offences, nor
the Offences of our Fore-
fathers; but after thy
great Goodness have Mer-
cy, and spare me, whom
thy Son our Lord hath
redeemed with his most
precious Blood,

Have

40 *The* LITANY.

*Have Mercy upon me, and
spare me, O Lord.*

From all Evil and Mis-
chief, from Pride and
Vain-glory, and from all
the Deceits of the World,
the Flesh and the Devil,

Good Lord deliver me.

From all Perils and
Dangers, both of my Soul
and Body, from extremi-
ty of Sickness, and from
sudden Death,

Good Lord deliver me.

By thy manifold and
great Mercies, by the
Mercies of our Blessed
SAVIOUR, by his bitter
Cross and Passion, by
his

The LITANY. 41

his mighty Resurrection,
by his most glorious As-
cension, and by his most
effectual and acceptable
Intercession;

Good Lord deliver me.

In all Time of Tribula-
tion and Adversity, in the
Time of my last and great-
est Need, in the Hour of
Death, and at the Day of
Judgment,

Good Lord deliver me.

Deliver me; O Lord, as
Thou hast delivered all
thy blessed Saints and
Servants, from the guilt
and burden of my Sins,
and from thy Wrath
and

and everlasting Indignation.

Good Lord, I beseech thee to hear me.

That it may please Thee to preserve me in Thy Faith, Fear and Love; and that I may evermore have Affiance in thy Mercy, and ever study to serve Thee in Holiness and Purity of Life.

Good Lord, I beseech thee to hear me.

That it may please thee daily to increase in me thy manifold Gifts of Grace, and that I may
bring

The LITANY. 43

bring forth the Fruits of
the Spirit, and ever seek
thy Honour and Glory.

*Good Lord, I beseech
thee to hear me.*

That it may please
thee to have Mercy upon
all Men.

*Good Lord, I beseech
thee to hear me.*

That it may please thee
to save and preserve our
most Gracious King, and
all the Royal Family.

*Good Lord, I beseech
thee to hear me.*

That it may please
thee to reduce them that
have gone astray from
thy

44 *The* LITANY.

thy Ways, to comfort
them that are in Sorrow,
to relieve them that are
in Need and Tribulation,
and to amend all our
Lives according to thy
Holy Word.

*Good Lord, I beseech
thee to bear me.*

O Lord God, Lamb of
God, Son of the Father,
that takest away the Sins
of the World,

*Have mercy upon me,
and grant me thy
Peace. Amen.*

RULES



RULES

AND

PRAYERS

FOR THE

AFTERNOON.



RULES

AND

PRAYERS

FOR THE

AFTERNOON

RULES and ADVERTISEMENTS how to
imploy your Time.

I.

*P*Ass the Day in such
Imployments as may
be most meet and agree-
able to that Condition of
Life wherein God hath
placed you.

II.

Come not to the Place
where Sin dwells, and
avoid all corrupt Com-
pany whereto it resorts.
Religion hath no great-
er Enemy than con-
versing with such; of
whom

48 RULES and

whom your Heart telleth
you that there is neither
Faith nor Fear of God
in them.

III.

Be careful to demean your-
self affably and peace-
ably towards all those
with whom you shall
have just Occasion to
converse.

IV.

Let not either your Ac-
tions or your Discourses
be vain and frivolous,
but tending either to
improve your Judgment,
or to better your Af-
fection.

V. If

V.

If you have the Govern-
ment of a Family, take
special heed that they
live not disorderly or
widly, to the Offence of
Almighty God, and the
Scandal of others.

VI.

And forget not (as often
as you can) to be pre-
sent, and to assist at the
publick Offices and Di-
vine Services of the
Church, there to at-
tend and perform the
Homage and Worship
of Almighty God, and
to be instructed in his

C

holy

holy Word ; for that is a Duty and a Service most highly pleasing to him.

VII.

Remember (and you will much help yourself, if you remember it) that you are continually in the Presence of God, and ought to live continually in his Fear, and in Obedience to his Commandments.

VIII.

Upon all Occasions offered to you, exercise your Charity, and let not the Day pass you without

Afternoon.

51

*out some good Work done
by you, either of real
Honour to God, or of
real Charity to them
that want it.*

AFTERNOON.

*Afternoon retire yourself
a while, and use the
Psalm, Lesson, Hymn,
and Prayers following.*

UNto thee I lift up
mine Eyes, O thou
that dwellest in the Hea-
vens: My Soul waiteth
still upon thee, that thou
mayest bless me.

C 2

O

O hearken thou unto
the Voice of my Calling,
my King and my God ;
for unto Thee do I make
my Prayers.

Shew thou me the
Way that I should walk
in, and teach me to do
the Thing that pleaseth
Thee.

I will take heed to my
Ways, that I offend not
in my Tongue; and I will
make a Covenant with
mine Eyes, that they be-
hold not Vanity.

O let not my Foot-
steps err from the Path
of thy Commandments.

But

But let my Delight be in walking after the Precepts of thy Law.

Thy Law is an undefiled Law, converting the Soul, and giving Light unto the Eyes.

Keep thy Servant from all presumptuous Sins that they may not get the Dominion over me; and cleanse thou me from all my secret Faults.

That so I may be acceptable in thy Sight, O Lord, my Strength and my Redeemer.

Glory be to the Father, —

The Lesson.

IF Sinners entice thee,
do not thou consent
unto them. These Things
doth the Lord abhor. A
proud Look and a lying
Tongue, an Heart that de-
vises Wickedness and Mis-
chief, a false Witness that
speaketh not the Truth, and
whosoever soweth Discord
among others. In the Mul-
titude of Words there will
be Sin. Keep Innocence,
and do the Thing that is
right, for that will bring
a Man Peace at the last.
Let

Afternoon. 55

*Let the same Mind be in
you that was in Christ Je-
sus ; and confess him to be
the Lord, who was obedient
to the Death of the Cross
for the Redemption of
Mankind, unto the Praise
and Glory of God the
Father.*

The Hymn.

W H O more can
crave,
Than God for me hath
done
To free a Slave,
That gave his only Son ?
Bless'd be that Hour.

C 4

When

When he repair'd our
Loss,
I never will
Forget my SAVIOUR'S
Cross.

The PRAYERS.

I.

O God, who knowest
the Frailties and In-
firmities of my weak Na-
ture, and in the midst of
how many Dangers I
live, being continually
subject to the Deceits of
the World, the Flesh, and
the Devil, and having no
Power of myself to help
myself, mercifully look
upon

upon me; and because I cannot continue in safety without thy Succour, preserve me evermore by thy Help and Goodness, and keep me both outwardly in my Body, and inwardly in my Soul; that among the sundry and manifold Dangers of this World, my Heart may be set to attain everlasting Salvation, and my Affections may surely there be fixed where true Joys are to be found; through *Jesus Christ* our Lord. *Amen.*

II.

O God, the Strength of all that trust in thee, mercifully accept these my humble Supplications and Prayers ; and grant me the help of thy Grace, that I may please Thee both in Will and Deed, and obtain thy Peace all the Days of my Life, through *Jesus Christ* our Lord. *Amen.*

III.

A Lmighty and everlasting God, I give Thee most humble Thanks, for that Thou hast vouchsafed favourably

ably to call me to the Knowledge of thy Grace, and Faith in thee. Encrease this Knowledge, and confirm this Faith in me evermore. Give me the Comfort of thy holy Spirit, and multiply upon me thy manifold Gifts of Grace, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Ghostly Strength, the Spirit of Knowledge and true Godliness ; and fill me, O Lord, with the Spirit of thy holy Fear, through *Christ* our Lord, Amen.

RULES

RULES and ADVERTISE-
MENTS.

I.

*A*fter this, you may pass the rest of the Day in what lawful Recreations or Employments you judge to be meet for you.

II.

*S*pend some while before Night in reading, and read with Attention, but let your Books be chosen with Advice and Care, for your Instruction and Knowledge in all good Things, and especially for your spiritual Benefit.

PRAY-

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P R A Y E R S

A T

N I G H T

A N D

B E D - T I M E .



THE END OF THE WORLD

THE RAYERS

AT

NIGHT

AND

BED-TIME

THE END OF THE WORLD

Retire yourself again.

AND when you have thought upon all the Day past, how you have spent it, that is, what good or evil Actions you have done, and what bad Inclinations you have resisted or amended, asking God pardon for all your Offences, use these Prayers.

The Psalm and Prayers.

LET my Prayer be set forth in thy sight,
O Lord, as the Incense;
and the lifting up of
my

my Hands be as an evening Sacrifice.

In thee hath been my Hope all the Day long, and under the Shadow of thy Wings shall be my Refuge Day and Night for ever.

Glory be to—

I.

O Thou Brightness of Eternity, by whose Providence both the Day and the Night were created and governed, and who hast made the out-goings of the Morning and Evening

ing to praise Thee, mercifully vouchsafe to let the Light of Thy Countenance shine upon me with the blessed Beams of thy Goodness and Mercy, that neither the Prince of Darkness may have any Power over me, nor the Works of Darkness overwhelm me; but that by thy mighty Protection I may be defended both in Body and Soul from all the Perils and Dangers of this Night, and for evermore, through *Jesus Christ* our Lord. *Amen.*

II.

MAke me to remember that the Darkness hideth nothing from Thee, but that to Thee the Night shineth as clear as the Day, to Thee the Darkness and the Light are both alike.

III.

O Be thou merciful unto me, and bless me; shew me the Light of thy Countenance, and be merciful unto me.

IV.

INto thy Hands I commend myself, my Soul and my Body, and
all

all that is mine, for Thou
hast made and created
them, and Thou hast re-
deemed us, O Thou Lord
God of Mercy and Truth.

V.

THou hast created
all Things, and for
thy Will's sake they are,
and were created.

VI.

O Send thy Light and
thy Truth, that
they may preserve me
and save me, for Thy
Mercy's sake.

Lord have mercy upon
me.

Christ

Christ have mercy upon
me.

Lord have mercy upon
me.

God the Father bless me.

God the Son defend me.

God the Holy Ghost pre-
serve me now and for
evermore. *Amen.*

RULES and ADVER-
TISEMENTS.

AFTER this speak not
unnecessarily to any
before you go to sleep. Re-
member that your Bed is
a Representation of the
Grave, and Sleep an Image
of Death. It behoves you
not

not to lie down in such a Condition as you would be unwilling to be found or taken in it.

Bed-Time.

Before you go into your Bed kneel down and say,

Great Ruler of the Day and Night,
On our Darkness cast thy Light.

To thee, who dost by Rest renew

My wasted Strength, I humbly sue,

That when I shall uncloseth mine Eyes,

Pure & chaste I may arise,
And make my Morning-Sacrifice.

In

IN the Name of God I
will lay me down to
sleep, whom I beseech to
bless and preserve me
now and for ever. *Amen.*

*Being laid down to sleep,
lift up your Heart to
God and say,*

Lighten mine Eyes, O
Thou who dwellest
in Eternal Light, and
have Mercy upon me,
that I sleep not in Death.

The Almighty Lord be
now and evermore my
Defence against all Perils
and Dangers of this
Night. *Amen.*

FORMS

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F O R M S

O F

Confessions

A N D

P R A Y E R S

T O

Almighty God

F O R T H E

Forgiveness of SIN.

FORMS

OF

Confessions

AND

PRAYERS

TO

Almighty God

FOR THE

Forgiveness of SIN.

*A most devout Confession
and Prayer for the Re-
mission of Sins.*

I.

I Have sinned before thee, O Lord my God, and done all Evil in thy sight. I have sinned Sins many in number, of many kinds, in many places, at many times, and often repeated. I have sinned large and great Sins, I have sinned heinous and presumptuous Sins ; they are become burdensome and heavy, too heavy for me to bear, and their cry reacheth up to Heaven.

D

II.

II.

AND what fruit have I in those things whereof I am now ashamed? My Confusion is daily before me, and the Shame of my Face hath covered me.

III.

MOreover, my Mind is troubled, and I am afraid of thy Judgments. Wo be unto me that I have done these things.

IV.

SEE, O Lord, how vile I am become; and what shall I say? or
how

Confession of Sins. 75

how shall I open my Mouth, or what shall I answer, seeing I have committed all these Sins?

V.

TO whom may I fly for Succour? Or who shall deliver me from the Body of this Death, and from the multitude of my Transgressions?

VI.

Since I can neither say nor do more, I will lift up mine Eyes to thee, from whom cometh all my Help.

D 2

VII.

VII.

IN many things we offend all, and justly we deserve Punishment; but thy Mercy triumpheth over thy Justice: and if I have known Thee, O Lord, thou hast been good and gracious to them that have deserved Evil.

VIII.

I Will therefore come boldly to thy Throne of Grace, that I may find Mercy in the Time of need.

IX.

HERE I insist, and from the dreadful Throne

Prayers for Pardon. 77

Throne of thy Justice, I
appeal unto the ever blef-
sed Throne of thy Mercy.

X.

O Suffer me not to pe-
rish in my Sins.
Lord carest thou not that
I perish, who wilt that
all shall be saved, and
that none shall perish?

XI.

I Am thine, O save me.
I am thine own Crea-
ture, the Work of thine
own Hands, thy lowly
Creature, thine humble
Servant. O despise not
thou the Work of thine
own Hands.

D 3

XII.

XII.

BUT I am a Sinner,
and Thou, O God,
hearest not Sinners.

XIII.

YET consider, O
Lord, of what I am
made: remember that I
am but Flesh and Dust,
frail and corruptible Flesh,
and as the Dust before the
Wind. Wilt thou break
a bruised Reed? Wilt
thou blast a Leaf driven
to and fro? Wilt thou
pursue the dry Stubble?
Or wilt thou hunt after a
Flea? What shall I say or
do unto thee, O thou
Preserver

Preserver of the World?

XIV.

Wilt thou be angry
with thy Servant
that prayeth? Behold, I
have heard that they said
in *Israel*, "We will go to
the King and say, Let our
Souls live, it may be he
will save us." Is any King
more merciful than Thou?
Thou sparedst *Ahab*, be-
cause he was humble,
spare me also, O Lord;
for I humble myself before
thee.

XV.

I Cover not, I do not
dissemble, I do not

80 *Prayers for Pardon.*

extenuate and lessen my Sins : I freely confess them, I have done exceedingly amiss, I call it often to mind, and I condemn myself for it.

XVI.

SPare me, O God, and accept the Sacrifice of a broken Spirit, a contrite Heart, a troubled Mind, a wounded Conscience, and an afflicted Soul ; because I have sinned against Thee.

XVII.

WILT Thou have Pity upon some, and hast Thou made all others

Prayers for Pardon. 81

others for nought? Shall
thine Enemy say, Thou
hast made us to kill us,
or because thou hatest us,
or that thou canst not,
or wilt not save us?

XVIII.

FA R be this from
Thee: But remem-
ber this, O Lord, how the
Enemy hath reproached
thee, and how the foolish
People have thus blas-
phemed thy Name.

XIX.

FOR what shall then
become of thy great
Name, of the Richness of
thy Mercy, which is over
D 5 all

22 *Prayers for Pardon.*

all thy Works, of the
Blood of thy Son, who
died for the Sins of the
World?

XX.

WHEN thou canst
not for any other
cause, yet for thy Mercy's
sake, for thine abundant
Mercy in CHRIST, thou
hast said that Thou wilt
pardon us our Sins.

XXI.

WE say rightly our
Fathers trusted in
Thee: They trusted in
thee, and thou didst de-
liver them: Deliver me
also for I have trusted in
Thee.

XXII.

XXII.

I Will not let thee go,
except thou blest me.
Jesus, thou Son of *David*,
thou Son of *God*, have
mercy upon me.

XXIII.

THINE Apostle hath
not said in vain, that
thou camest into the
World to save Sinners.

XXIV.

NOW therefore, O
Lord, be merciful
unto me a Sinner, and hear
the Prayer and Supplica-
tion of thy Servant which
I have made before thee,
that thy Face may shine
upon

84 *Prayers for Pardon.*

upon me; and give me,
though I be unworthy,
thy Pardon and Peace.
Amen.



MEDI-



MEDITATIONS,
CONFESSIONS,

A N D

P R A Y E R S,

BEFORE THE

R E C E I V I N G

Of the Blessed

S A C R A M E N T.



ADVERTISEMENT.

*Before you come to the
Holy Sacrament.*

I.

*YOU are to prepare
yourself thereunto,*

*I. By a clean and pure
Conscience.*

*II. By a clear and assured
Faith.*

*III. By a full and perfect
Charity.*

II.

*The day before you intend to
receive the Blessed Sa-
crament, lay aside all your
Thoughts of worldly Af-
fairs, and give yourself
to retirement.*

III.

III.

Fix your Thoughts stedfastly upon God's infinite Greatness and your own Unworthiness to appear before Him.

IV.

And first (as Saint Paul hath directed you) examine yourself how you stand in the Faith, Profession and Practice of your Christian Religion, both before God and the World; how you have spent your Time, what Good or Evil you have done, what bad Inclinations you have resisted

ADVERTISEMENT. 89

*sisted and amended, and
what Offences you have
committed either against
God or Man.*

V.

*Prefixing this Prayer to
remember them, and to
ask Pardon for them.*

The Prayer.

O My God, I most
humbly beseech thee
to open the Eyes of
my Mind, to cleanse the
Thoughts of my Heart,
that I may see and ac-
knowledge my Sins and
Offences which I have
daily committed in
Thought,

90 *Confession and Preparat.*

Thought, Word, and
Deed, against thy divine
Majesty; and that duly
lamenting them, I may
obtain of Thee, the God
of all Mercy, perfect Re-
mission and Forgiveness,
through *Jesus Christ* my
blessed Lord and Saviour.
Amen.

*A particular Confession
of Sins, referring to the
several Commandments
of Almighty GOD.*

I Have sinned against
the Lord my God, and
I have offended against
his holy Laws.

adquod I

And

for the Sacrament. 91

And (*whereof you shall find you Conscience guilty, accusing yourself, and saying,*)

I have had vain and idle Thoughts, loose, light, and evil Imaginations in many kinds, I have entertained them long, I have been negligent in chasing them from my Mind, I have taken pleasure and content in them, I have been rash and offensive in my Words, wanton and corrupt in my Communications, and I have not kept myself from Vanity
and

92 *Confession and Preparat.*

and Complacency in them: Oftentimes in the frowardness and impatience of my Spirit, I have been injurious by them to God and Man. I have been negligent and careless in my Actions, living in liberty, and breaking too frequently the Commandments of Almighty God.

I. Whom I have not always set before mine Eyes, nor studied to know and seek him (as I ought) above all things; and knowing him, yet I have not acknowledged him,
in

in reverencing his Power
and Majesty, as I should.

Yea, I have sometimes
doubted of him, misbe-
lieving his Promises, and
not trusting to his Help.
I have made Flesh my
Arm, and put my confi-
dence in the pleasing Va-
nities and uncertain Pro-
sperities of the World.
I have other while been
full of roving and un-
lawful Imaginations con-
cerning God, and full of
wandring Thoughts in his
Service.

II. I have often fra-
med to set up to my-
self

94 *Confession and Preparat.*

self divers Imaginations
and Forms of G O D's
Worship and Religion,
which he hath not set
and established in his
Church.

I have been negligent
in giving him his external
Worship and Honour,
not falling down before
Him with that inward
Reverence of Spirit and
Truth, nor with that
outward Order and Hu-
mility of my Body, which
is requisite always to be
shewed forth and done
before him.

III. I have often drawn
near

for the Sacrament. 95

near unto him with my Lips, when my Heart hath been far from him: I have too frequently, vainly and inconsiderately used his great and fearful Name, and in the Eagerness of my Spirit I have not abstained from abusing it with rash Oaths and Execrations. My Vows and Promises that I have made in his Name, I have not performed: Those holy things whereon his sacred Name is set and imprinted, I have not duly regarded; and through my presumptuous Vanties,

96 *Confession and Preparat.*

ties, I have been an occasion to make his Name be evil spoken of, and profaned by others.

IV. I have often absent-ed myself from the publick Worship and Service of his Holy Assemblies and Sanctuary; vainly mispending the Days that are hallowed to the Honour of his great Name.

V. I have not carried that Reverence and Regard, nor given that due Obedience which I ought to them whom God hath placed over me, seeking rather my own will and plea-

for the Sacrament. 97

Pleasure, than submitting myself to their lawful Precepts and Advice. I have too much disregarded the Persons of my Betters, and been unthankful to them that have deserved well of me.

VI. I have not done to all others, as I would that they should do to me; I have envied their Welfare, the better and more prosperous Life of others above my own. I have often let the reins of my Passion loose to Anger, Malice, and Revenge; uncharitably de-
E lighting

98 *Confession and Preparat.*

lighting in the mischief and destruction of my own private or peculiar Enemies. When out of my abundance I might have relieved others that were in want, I have many times neglected it.

VII. I have often suffered my fancy and affections to wander licentiously: I have not held mine Eyes nor mine Ears nor my Tongue from Vanity. I have not carefully eschewed the Occasions and Enticements to corrupt and vain Affections: I have not preserved

ved my Body in that Holiness, Honour and Purity which becometh the Temple of God.

VIII. I have not reckoned Godliness to be my greatest Gain, nor been content with that which I possessed.

IX. I have listned to Flattery and used it towards others; of many I have had evil Suspitions, and given rash Judgment upon them. Upon myself I have set a greater value than I deserved, and seemed better than I was; that I might gain a

100 *Confession and Preparat.*

false Reputation from others. And I have often suffered Truth to be gain-said.

X. I am guilty of many inordinate Desires, and irregular Affections.

And wo is me, that in all these things I have offended; for if in all these things my Heart should not condemn me, God is greater than my Heart and knoweth all things. But I confess them, and confessing am sorry for them, and being sorry for them, am ready to leave them, his
Grace

for the Sacrament. 101

Grace thereunto assisting me; and not only to leave them, but to judge myself for them; with all religious Lowliness and Humility, submitting myself freely to the pious Directions and Advice that shall be given me by my Spiritual Governors and Ministers of God, for shewing forth the Fruits of my Sorrow and Repentance, meet for Amendment of Life. And though I be altogether Unworthy, yet for the Worth and Merits of my Saviour, in whose Merits and

E 3

Mer-

Mercy I put my whole
Trust and Confidence,
being (as he is) the Pro-
pitiatio[n] not only for my
Sins, but for all the Sins
of the World, I most
humbly crave Pardon and
Absolution from them,
and from all my other
Sins which I may have
now forgotten, and
whereof my Conscience
may be afraid.



MEDITATIONS

AND

PRAYERS

AT THE

Holy Communion,

Referring to

I. PURITY.

II. FAITH.

III. CHARITY.

*Meditations and Prayers
at the holy Communion.*

I.

Purity.

I Will wash my Hands
in Innocency, O Lord,
and so will I go to thine
Altar; I will come into
thine House in the multi-
tude of thy Mercies, and
in thy Fear will I worship
Thee towards thy holy
Footstool. For *Christ* our
Passover is offered; Let
us therefore keep the
Feast, not with the Lea-
ven of Malice and Wick-
edness; but with the un-
leavened Bread of Since-
rity and Truth. *The*

The Prayer.

O Lord, cleanse the Thoughts of my Heart by the Inspiration of thy Holy Spirit, that my Body may be made clean by the pure Body of my Saviour *Jesus Christ* once offered upon the Cross, and that my Soul may be washed by his most precious Blood there shed for me, and that he may abide with me for ever. *Amen.*

II.

Faith.

I believe, Lord help
mine unbelief.

I Believe that God our
Heavenly Father did
of his tender Mercy give
his only Son, *Jesus Christ*,
to suffer Death upon the
Cross for the Redempti-
on of the World. I be-
lieve that he made there
by the Oblation of him-
self once offered, a per-
fect Sacrifice and Satisfac-
tion for our Sins. I be-
lieve that this Sacrament
was ordained for the con-
tinual Remembrance of
that

that his Death and Sacrifice, and for the Benefits we all receive by it. I believe that I shall here partake of the spiritual Food and most precious Body and Blood of Christ, the Bread of Life that came down from Heaven, the Blood that hath been carried up into the holy Places, and the Cup of Eternity. For they that eat of this Bread, and drink of this Cup, shall live for ever.

The Prayer.

O My God, what are we, that thou so regardedst

108 *Prayers & Meditations*

regardedst us to give thyself for us, to give thyself to us, to be one with us, that we may have Life in us, even Life immortal, which will quicken us, and raise us up at the last Day? O my Lord, I am not worthy, not worthy the least of thy Mercies; how much less of this, which is the greatest, greater than the World, greater than the Heavens, greater than all the Treasures of Heaven and Earth; but, I beseech Thee, look upon me in the greatness of thy Mercies,

cies, not weighing my
Merits, but pardoning
mine Offences. *Amen.*

III.

Charity.

THIS is a Sacrament
of Love, and this
is thy Commandment,
that we should love one
another, even as Thou
hast loved us; for we be-
ing many, are one Body,
whereof Christ our Lord
is the Head.

The Prayer.

O Thou blessed and
undivided Trinity,
which teacheth us that
all

110 *Meditations & Prayers*

all our Doings without
Love and Unity are no-
thing worth, send into
all our Hearts that most
excellent Gift of Chari-
ty, and inflame our Souls
with the celestial Fire of
thy Love, that living
together in unity of Spi-
rit and the Bond of
Peace among ourselves,
we may perfectly love
Thee, and worthily mag-
nify thy holy Name,
through Christ our Lord.
Amen.

has I hold not
undivided Trinity
which teacheth us that
all

before the Communion. III

A LITANY

*Privately to be used before
the Receiving of the Holy
Communion.*

O God the Father,
God the Son, and
God the Holy Ghost,
the most Holy, Blessed,
and Glorious Trinity,

Have mercy upon me.

O Thou immaculate
Lamb of God, who tak-
est away the Sins of the
World,

Have mercy upon me.

O Christ, the eternal
Son of the Father, the Re-
deemer and Preserver of
Men, the Bread and Life
of

142 *Before the Communion.*

of the World, the Author and Finisher of our Faith, the great Mystery of Godliness, the Word that was made Flesh, to save thy Servants from their Sins,

Have mercy upon me.

Save me, O God, for I come unto Thee in the multitude of thy Mercies, and in thy Fear will I fall down and worship Thee in thy holy Temple, that Thou mayst

Have mercy upon me.

Call to remembrance, O Lord, thy tender Mercies, and thy loving-kind-

Before the Communion. 113

kindness which has been
ever of old. O remem-
ber not the Sins and Frail-
ties of thy Servant, but
spare me, O Lord, spare
me for thy Goodness,
and

Have mercy upon me.

From my Unworthiness
to receive thy blessed Bo-
dy and Blood, by which
thou hast redeemed me ;
from all carnal, vain,
and earthly Imaginations
in this thy holy Sacra-
ment, from all misbe-
lief and incredulity of
thy Word; from all de-
fects of Sanctity, Love,
and

114 *Before the Communion.*

and Charity; from all
my Sins and Iniquities,

Good Lord deliver me.

By that fervent ardor
of Goodness and Charity
wherewith thou camest
down from Heaven, by
thy blessed Cross and
Passion, and by the mys-
terious Institution of this
thy holy Sacrament,

Good Lord deliver me.

By thy most sacred Bo-
dy, which was broken &
crucified; by thy most
precious Blood which was
shed and poured forth for
the Sins of the World,

Good Lord deliver me.

O

Before the Communion. 115

O Lord God, I beseech thee to hear me, and that it may please thee to give us all true Faith and Repentance, with devout Humility and Reuerence, rightly and duly to celebrate this thy holy Sacrament, in memory of thy most hallowed, true, and propitiatory Sacrifice; with a firm Faith to receive thy blessed Mysteries, and to give Thanks unto thy Name.

*O Lord, I beseech Thee
to hear me.*

That it may please thee
to accept this our bounden

116 *Before the Communion.*

den Duty and Service,
our Sacrifice of Praise
and Thanksgiving, the
Memorial that we now
make of thine own Death
and Sacrifice, which was
once offered for us, and to
grant that by the Merits
and Power thereof, we
and all thy Servants may
receive Remission of our
Sins, and be filled with
thy Grace and heavenly
Benediction,

*O Lord, I beseech Thee
to hear me.*

O Lord God, Lamb of
God, Son of the Father,
thou that takest away
the

Before the Communion. 117.
the Sins of the World,
Receive my Prayer.
When you are ready to re-
ceive the holy Sacrament
in each kind, do it with
the greatest Reverence &
Devotion that you can;
(yet without all Affectati-
on and Singularity) lift-
ing up your Hands and
your Heart to God.
And after you have Recei-
ved, lift up your Hands
again, and say devoutly
with yourself, while o-
thers receive,

I.

BLessed art Thou, O
Lord; Blessing and
Honour

K18 Before the Communion.

Honour and Glory be
unto thee, O thou Lamb
of God, for evermore.
Amen.

II.

This is the Lord's do-
ing, and it is marvellous
in our Eyes.

III.

I will magnify thee, O
Lord, and will praise thy
Name for ever and ever.

IV.

All thy Works praise
thee, O Lord, and thy
Saints give Thanks unto
Thee.

V.

Happy are those Ser-
vants

Before the Communion. 119

vants whom when their
Lord cometh he shall
find thus doing.

VI.

Salvation and Blessing,
and Honour be unto him
that sitteth upon the
Throne of Heaven, now
and for ever. *Amen.*

*A Thanksgiving after the
Holy Communion.*

BLessed art Thou, O
Lord God, and blef-
sed be thy holy Name
for ever, who hast now
vouchsafed to feed me
with the Bread of Life,
and hast given me to
drink

120 *After the Communion.*

drink the Cup of Eternity, the holy and heavenly Mysteries of the Body and Blood of my Saviour, thereby assuring my Soul of thy Favour and Goodness towards me, for the Sealing of my Faith, for the Pardon of my Sins, for the obtaining of my Peace, and all other Benefits of Christ's blessed Passion.

I now most humbly beseech Thee to assist me with thy Heavenly Grace, that I may continue thine for ever, and be made a Temple of thy
holy

After the Communion. 121

Holy Spirit; and that
having Christ now dwell-
ling in me by Faith, I
may accomplish the rest
of my Life in Repentance
and godly Fear, in mor-
tifying my own sinful
Desires, and in keeping
thy Holy Command-
ments. For which end
guide me with thy Pow-
er, enlighten me with
thy Word, and quick-
en me with thy Spi-
rit. Elevate my Senses,
compose my Manners,
and order my Conversa-
tion aright; for thou art
able to do abundantly
F above

122 *After the Communion.*

above all that I can ask or think: by which thy great and bountiful Goodness towards me, thou wilt glorify thy Name in me, and bring me at last to thine Eternal Kingdom of Glory, through Him who is the King of Glory, my blessed Lord and Saviour *Jesus Christ. Amen.*

Heb. 13. **T**HE God of Peace who brought again from the Dead our Lord **JESUS CHRIST**, the great Shepherd of his Flock, through

After the Communion. 123

through the Blood of his
Everlasting Testament,
make me perfect in every
good Work to do his Will,
and that which is well-
pleasing in his Sight,
through the same Jesus
Christ our Lord: To
whom, with the Father
and the Holy Ghost, be
Glory for ever. *Amen.*



F 2

PRAY-

[124]
PRAYERS upon sundry
Occasions.

When you are upon a
Journey.

I.

THE Almighty Lord
be now and ever-
more my Defence, to
bless me and preserve me
from all Evil in my go-
ing out, and my coming
in, and give his Angels
charge over me, to keep
me in all my Ways.

II.

IF God will be with
me and keep me in
this Way that I go, so
that I come to my Home
in

Prayers upon a Journey. 125
in Peace ; then shall I
give Thanks and pay my
Vows unto him.

III.

O God, who knowest
us to be set in the
midst of many Dangers,
grant that by thy mighty
Aid I may be defended
from all things that may
hurt me either in Body
or Soul, through *Christ*
our Lord. *Amen.*

IV.

Dispose and Govern
the Way of thy Ser-
vant, O Lord, and fur-
ther me with thy graci-
ous and continual Help,
that

126 *Prayers on a Journey.*

that in all my Doings begun, continued, and ended in thee, I may glorify thy holy Name, and keep myself by thy most mighty Protection in the Ways of thy Laws, and Paths of thy Commandments for the Attainment of everlasting Rest and Peace in thy Heavenly Kingdom, through *Christ* our Lord. *Amen.*

V.

SHew me thy Ways, O Lord, and teach me thy Paths; for I lift up my Soul unto thee. Lead me forth in thy Truth
and

Prayers in time of Danger. 127

and learn me ; for thou
art the God of my Salva-
tion ; in thee hath been
my Hope all the Day
long. *Amen.*

P R A Y E R S

*In the Time of any sudden
Danger or Distress.*

I.

ALmighty and Ever-
lasting God, mer-
cifully look upon me,
and in this Time of Dan-
ger and Necessity stretch
forth thine Hand to suc-
cour and defend me,
through *Christ* our Lord.
Amen.

F 4

II.

II.

THE Almighty Lord,
who is a strong
Tower of Defence a-
gainst all the Perils, Af-
faults, and Tribulations
of this World, be now
and evermore my Aid
and Protector, through
JESUS CHRIST our blef-
sed Lord and Saviour.
Amen.

III.

FROM Lightning and
Tempest, from all
Evil and Mischief, and
from sudden Death,
Good Lord deliver me.

PRAY-

P R A Y E R S. 129

*In the Time of Sickneſs
and Affliction.*

I.

SA V E me, O King of
Heaven, and hear
me when I call upon
thee, for I am in Affliction
and Heavineſs. Thou
art a Defence for the Op-
preſſed, and a Refuge in
the needful Time of
Trouble: Look down
from Heaven and viſit
me with thy Salvation.

II.

I Know that it is thy
Hand, and that thou
Lord haſt done it, and
thy Doings are always
F 5 juſt.

130 *Prayers in time of Sickn.*

just: But thou art also good and gracious, and of great Mercy to them that call upon thee. Thou upholdest all them that are fallen, and liftest up those that be down.

III.

I Know that of very faithfulness thou hast caused me to be troubled that I might call upon thy Name.

IV.

AND now, Lord, what is my Hope? Truly my Hope is even in Thee. For thou art the Hope of all the Ends of the
the

the Earth, the Aid of all
that need, the Help of all
that fly to Thee for Suc-
cour. O turn Thee unto
me, and shew me the
Light of thy Counte-
nance, that I may be
made whole and give
Thanks unto thy Name.

V.

O GOD, favourably
with Mercy hear
my Prayers, and grant
that all those Things
which I suffer for my
Sins, I may well bear and
overcome, by thy most
gracious and ready Help,
through *Christ* our Lord.
Amen.

VI.

VI.

O Do well unto thy
Servant; that I may
live and keep thy Com-
mandments.

VII.

Mercifully, O Lord,
look upon mine
Infirmity, and for the
Glory of thy Name turn
from me all those Evils
that I most righteously
have deserved, and grant
that in all my Troubles I
may put my whole Trust
and Confidence in thy
Mercy, and evermore
serve thee in Holiness and
pureness of living, to thy
Honour

Prayers in time of Sickn. 133.

Honour and Glory, thro'
our only Mediator and
Advocate *Jesus Christ* our
Lord. *Amen.*

*Meditations in the time of
Sickness, upon the great
Mercies of God.*

I.

WHEN we are judg-
ed we are chast-
ned of the Lord, that we
may not be condemned
with the World.

II.

REfuse not the Correc-
tion of the Almigh-
ty; it is the Lord, let him
do what seems good in
his own Eyes.

III.

III.

AS it pleaseth the Lord
so comes every
thing to pass. Blessed be
the Name of the Lord.

IV.

GOD is the Lord of
Life and Death, of
Sickness and of Health,
by whose Appointment
we were born, and by
whose Commandment a-
gain we must die; our
time is in his Hand, and
to him belong the Issues
of Death.

V.

GOD is meek and
gentle, ready to
accept

accept our Sorrow and
Repentance for Sin.

VI.

HE is exceeding slow
to Anger, and not
easily provoked, he seeth
our Sins, and makes as if
he saw them not; he ma-
ny times over-looketh
them, and by his Long-
suffering passes them by
as loth to see them.

VII.

WHEN he cannot but
see, yet he for-
bears and is patient:
Forbears long, suffers
long, many times many
Years.

VIII.

VIII.

WHEN he can suffer
and stay no longer,
but punish he must, he
doth it against his Will;
and when he is angry,
he containeth himself in
it, and suffereth not his
whole Displeasure to arise.

IX.

HE is angry, but not
according to our de-
serts, nothing so much;
He is angry, but not long,
it endures but a little
while, and in his Wrath
he thinketh upon Mer-
cy; he thinks every
Stripe two, and is
quickly

Meditations in Sickneſs. 137

quickly weary; be repents him of the Evil, and is ſoon appeaſed.

X.

HE will have none to periſh, but have all to be ſaved; he willeth not the Death of a Sinner, but that he ſhould repent and live.

XI.

NOT of any Sinner; not of a *Manaſſes*, not of *Rabab*, not of *Mary Magdalen*, not of Saint *Paul*, who was once a chief Sinner.

XII.

XII.

FOR Chriſt came into the World to ſave Sinners, and of them that come unto him he caſteth none out.

A Thankſgiving after Recovery from Sickneſs.

I.

O Lord, thou haſt dealt graciously with thy Servant, according to thy great Goodneſs and Mercy. Before I was troubled, I went aſtray ; but now I will take heed to my Ways, that I ſwerve not from thy Precepts.
It

Thanksgiving after Sickn. 139

It was good for me that
I have been in Trou-
ble, that I may learn
to obey thy Command-
ments.

II.

Righteous art thou, O
Lord, and true are
thy Judgments. Trou-
ble and Heaviness have
taken hold upon me, but
my sure Trust hath been
in thy Mercy. O let my
Soul live, and it shall
praise thee, and thy Judg-
ments shall help me.

III.

I Will always give
Thanks unto the
Lord,

140 *Thanksgiving after Sickn.*

Lord, his Praise shall ever be in my Mouth. O Lord my God, I cried unto Thee, and Thou hast healed me. Thou hast turned my Heaviness into Joy, and girded me with Gladness, therefore will I sing of thy Praise without ceasing, and give Thanks unto Thee for ever.

VI.

I Sought the Lord, and he heard me, and delivered me out of all my Trouble ; for the Angel of the Lord tarrieth round about them that
fear

Thanksgiving after Sickn. 141

fear him, and delivereth them. The Eyes of the Lord are over the Righteous, and his Ears are open unto their Prayers.

V.

WHAT Reward shall I give unto the Lord for all the Benefits that he hath done unto me? I will take the Cup of Salvation, and call upon the Name of the Lord. I will offer to Thee the Sacrifice of Thanksgiving, evermore praising Thee, and saying, O Holy Lord God Almighty, Thou art worthy,

142 *Thanksgiving after Sickn.*

worthy, O Lord, to receive Honour and Glory and Power: for Thou hast created all Things, and for thy Will's sake they are and were created.

VI.

Blessing and Honour, and Glory, and Thanksgiving, and Power, and Might, be unto the Lord our God for ever and ever. *Amen.*

The E N D.

20 JY 63

THE
LAST WORDS

OF THE

Reverend, Pious, and
Learned

Dr HAMMOND.

Being Two

PRAYERS,

FOR THE

Peaceful Settlement

OF THIS

CHURCH and STATE.

LAST WORDS

BRITISH



MUSEUM

Peaceful Settlement

CHURCH AND STATE

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P R A Y E R S

F O R T H E

C H U R C H a n d S T A T E .

Prayer I.

O Blessed Lord, who
in thine infinite
Mercy didst vouchsafe to
plant a glorious Church
among us, and now in
thy just Judgment hast
permitted our Sins and
Follies to root it up;
be pleased at last to re-
sume Thoughts of Peace
towards us, that we may
do the like to one ano-
G ther.

ther. Lord, look down from Heaven, the Habitation of thy Holiness, and behold the Ruins of a desolate Church; and compassionate to see her in the Dust. Behold her, O Lord, not only broken but crumbled, divided into so many Sects and Factions, that she no longer represents the Ark of the God of *Israel*, where the Covenant and the Manna were conserved, but the Ark of *Noah*, filled with all various Sorts of unclean Beasts: And to
complete

complete our Misery
and Guilt, the Spirit of
Division hath insinuated
itself as well into our Af-
fections as our Judg-
ments; that Badge of
Discipleship which thou
recommendest to us is
cast off, and all the con-
trary Wrath and Bitter-
ness, Anger and Cla-
mour, called in to main-
tain and widen our
Breaches. O Lord, how
long shall we thus vio-
late and defame that Gos-
pel of Peace that we
profess! How long shall
we thus madly de-
feat

feat ourselves, lose that Christianity which we pretend to strive for! O thou which makest Men to be of one Mind in an House, be pleased so to unite us, that we may be perfectly joined together in the same Mind, and in the same Judgment. And now that in Civil Affairs there seems some Aptness to a Composure, O let not our Spiritual Differences be more unreconcilable. Lord, let not the roughest Winds blow out of the Sanctuary, let not those which should

should be Embassadors
for Peace, still found a
Trumpet for War; but
do thou reveal Thyself
to all our *Elijahs* in that
still small Voice, which
may teach them to echo
Thee in the like meek
treating with others.
Lord, let no unseasona-
ble Stiffness of those that
are in the Right, no per-
verse Obstinacy of those
that are in the Wrong,
hinder the closing of our
Wounds; but let the
one instruct in Meek-
ness, and be thou pleas-
ed to give the other Re-
pentance

150 *Prayers for the*

penitance to the Ac-
knowledgment of the
Truth. To this End
do thou, O Lord, molli-
fy all exasperated Minds,
take off all Animosities
and Prejudices, Con-
tempt and Heart-burn-
ings, and by uniting
their Hearts prepare for
the reconciling their O-
pinions: And that no-
thing may intercept the
clear sight of thy Truth,
Lord, let all private and
secular Designs be total-
ly rejected, that Gain
may no longer be the
Measure of our Godli-
ness;

ness; but that the one great and common Concernment of Truth and Peace may be unanimously and vigorously pursued. Lord, the Hearts of all Men are in thy Hands, O be thou pleased to let thy Spirit of Peace over-shadow the Minds of all contending Parties; and if it be thy Will, restore this Church to her pristine State, renew her Days as of old; let her escape out of *Egypt* be so entire, that not an Hoof may be left behind: But if thy Wisdom

152 *Prayers for the*

dom see it not yet a Season for so full a Deliverance, Lord, defer not, we beseech thee, such a degree of it, as may at least secure her a Being; if she cannot recover her Beauty, yet, O Lord grant her Health, such a Soundness of Constitution as may preserve her from Dissolution. Let thy Providence find out some good *Samaritans* to cure her present Wounds: And to whomsoever thou shalt commit that important Work, Lord, give them
skilful

skilful Hands and compassionate Hearts; direct them to such Applications as may most speedily, and yet most soundly heal the Hurt of the Daughter of *Sion*: and make them so advert to the Interests both of Truth and Peace, that no lawful Condescension may be omitted, nor any unlawful made. And do thou who art both the wonderful Counsellor and Prince of Peace, so guide and prosper all pacific Endeavours, that all our Distractions may

154 *Prayers for the*

be composed, and our *Jerusalem* may again become a City at Unity in itself; that those happy primitive Days may at length revert, wherein Vice was the only Heresy; that all our intestine Contentions may be converted into a vigorous Opposition of our common Enemy; our unbrotherly Feuds into a Christian Zeal against all that exalts itself against the Obedience of Christ. Lord hear us, and ordain Peace for us, even for his Sake whom
 Thou

Thou hast ordained our
Peacemaker, *Jesus Christ*
our Lord.

Prayer II.

O Most gracious Lord,
who dost not af-
flict willingly, nor grieve
the Children of Men,
who smitest not till the
Importunity of our Sins
enforce thee, and then
correctest in Measure;
we thy unworthy Crea-
tures humbly acknow-
ledge that we have a-
bundantly tasted of this
Patience and Lenity of
thine. To what an
enormous

enormous Height, were
our Sins arrived, ere
thou didst begin to visit
them! and when thou
couldst no longer for-
bear, yet mastering thy
Power, thou hast not
proportioned thy Ven-
geance to our Crimes,
but to thy own gracious
Design of reducing and
reclaiming us. Lord,
had the first Stroke of
thy Hand been extermi-
nating, our Guilt had
justified the Method;
but thou hast proceeded
by such easy and gentle
degrees, as witness how
much

much thou desiredst to
be interrupted and shew
us, that all that sad
Weight we have long
groaned under, hath
been accumulated, only
by our own Incorrigi-
bleness. It is now, O
Lord, these many Years
that this Nation hath
been in the Furnace, and
yet our Dross wastes not
but increases; and it is
owing only to thy un-
speakable Mercy, that
we who would not be
purified are not con-
sumed; that we remain
a Nation, who cease not
to

158 *Prayers for the*

to be a most sinful and
provoking Nation. O
Lord, let not this Long-
suffering of thine serve
only to upbraid our Ob-
stinacy, and enhance our
Guilt; but let it at last
have the proper Effect
on us, melt our Hearts,
and lead us to Repent-
ance. And, O that this
may be the Day for us,
thus to discern the things,
that belong to our Peace!
that all who are (yea,
and all who are not)
cast down this Day in
an external Humiliation,
may by the Operation of
thy

thy mighty Spirit have
their Souls laid prostrate
before thee in a sincere
Contrition! O thou who
canst out of the very
Stones raise up Children
unto *Abraham*, work our
stony flinty Hearts into
such a Temper as may
be susceptible of the Im-
pressions of thy Grace,
that all the Sinners in
Sion may tremble; that
we may not by a perse-
vering Obstinacy seal to
ourselves both temporal
and eternal Ruin, but in-
stead of our mutinous
complaining at the Pu-
nishments

160 *Prayers for the*

nishments of our Sins,
search and try our Ways,
and turn again to the
Lord: O be thou pleas-
ed to grant us this one
grand fundamental Mer-
cy, that we who so im-
patiently thirst after a
Change without us, may
render that possible and
safe by this better and
more necessary Change
within us; that our Sins
may not, as they have
so often done, interpose
and eclipse that Light
which now begins to
break out upon us.
Lord, thy Dove seems
to

to approach us with an Olive - Branch in her Mouth : O let not our Filth and Noisomness chase her away ; but grant us that true Repentance which may atone thee, and that Christian Charity which may reconcile us with one another. Lord, let not our Breach either with thee, or among ourselves, be incurable, but by making up the first, prepare us for the Healing of the latter. And because, O Lord, the Way to make us one Fold

Fold is to have one Shepherd, be pleased to put us all under the Conduct of him to whom that Charge belongs; bow the Hearts of this People as of one Man, that the only Contention may be, who shall be most forward in bringing back our *David*. O let none reflect on their past Guilts, as an Argument to persevere, but repent, and to make their Return so sincere as may qualify them, not only for his but thy Mercy. And, Lord, be pleased

pleased so to guide the
Hearts of all who shall
be intrusted with that
great Concernment of
settling this Nation, that
they may weigh all their
Deliberations in the Ba-
lance of the Sanctuary,
that Conscience, not In-
terest, may be the ruling
Principle, and that they
may render to *Cæsar* the
things that are *Cæsar's*,
and to God the things
that are God's; that
they may become Heal-
ers of our Breaches and
happy Repairers of the
sad

164 *Prayers for the*

sad Ruins both in Church
and State: And grant, O
Lord, that as those Sins
which made them are
become National, so the
Repentance may be Na-
tional also, and that e-
videnced by the proper
Fruits of it, by Zeal for
restoring the Rights
both of Thee and thine
Anointed. And do thou,
O Lord, so dispose all
Hearts, and remove all
Obstacles, that none may
have the Will, much
less the Power, to hin-
der his peaceable Resti-
tution.

tation. And, Lord, let him bring with him an Heart so entirely devoted to thee, that he may wish his own Honour only as a Means to advance thine. O let the Precepts and Example of his Blessed Father never depart from his Mind ; and as thou wert pleased to perfect the one by suffering, so perfect the other by acting thy Will ; that he may be a blessed Instrument of replanting the Power instead of the Form

Form of Godliness among us, of restoring Christian Virtue in a profane and almost barbarous Nation. And if any wish him for any distant Ends, if any desire his Shadow as a Shelter for their Riots and Licentiousness, O let him come a great, but happy Defeat to all such, not bring Fuel, but Cure to their inordinate Appetites; and by his Example as a Christian, and his Authority, as a King, so invite

invite to Good, and restrain from Evil, that he may not only release our temporal but our spiritual Bondage, suppress those foul and scandalous Vices which have so long captivated us, and by securing our inward, provide for the perpetuating our outward Peace. Lord establish thou his Throne in Righteousness; make him a signal Instrument of thy Glory and our Happiness, and let him reap the Fruits of it in Comfort

168 *Prayers for, &c.*

Comfort here, and in
Bliss hereafter; so that
this Earthly Crown
may serve to enhance
and enrich his Heaven-
ly. Grant this, O King
of Kings, for the Sake
and Intercession of our
Blessed Mediator *Jesus
Christ.*

F I N I S.

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and in
that
crown
chance
aven-
King
Sake
our
Jesus